

A HIGH PERFORMANCE PARENT TOOLKIT

Developing Thinking



ENCOURAGE
metacognition

ENCOURAGE
Linking

ENCOURAGE
analysing and
critical thinking

ENCOURAGE
creative thinking

ENCOURAGE
curiosity

Developing Behaviors

ENCOURAGE
risk taking and
open mindedness

ENCOURAGE
resilience

ENCOURAGE
empathy

ENCOURAGE
collaboration

ENCOURAGE
confidence

ENCOURAGE
practice

Developing Thinking



ENCOURAGE METACOGNITION

“How do you know you’re on track?”

“Have you used any strategies before which might be useful now?”

“Can you tell me why you were successful on that task?”

“How could you break the task into chunks?”



Developing Thinking



ENCOURAGE LINKING

“Where have you seen this sort of thing before?”

“How might someone else see this differently?”

“Is there a bigger picture here?”

“Do your other subjects help here?”



Developing Thinking



ENCOURAGE ANALYSING AND CRITICAL THINKING

“Why do you think that happened?”

“How could you work this out?”

“Could you explain that to me?”



Developing Thinking



ENCOURAGE CREATIVE THINKING

“What would happen if...?”

“Is there a different way of looking at this?”



Developing Thinking



ENCOURAGE CURIOSITY

“I wonder why...?”, “I wonder how...?”, “What if...?”

“Is there a different way of looking at this?”



Developing Behaviours



ENCOURAGE RESILIENCE

"I know it's hard, you can do this if you keep trying."

"You can't expect to always understand it the first time."

"Don't get flustered. What do you know that could help you here?"



Developing Behaviours



ENCOURAGE RISK TAKING AND OPEN MINDEDNESS

“Is there another way of doing this?”

“What’s the worst that could happen?”

“Can you apply a different set of criteria to this problem?”



Developing Behaviours



ENCOURAGE COLLABORATION

“Would working with your friend help both of you?”

“Could you explain this to me?”



Developing Behaviours



ENCOURAGE EMPATHY

“How might people in a different culture see this problem?”

“What would you say to someone who disagreed with you about this?”

“How could you help somebody you know?”



Developing Behaviours



ENCOURAGE PRACTICE

“You’re really good at that now, what’s the next step?”

“Don’t worry if you don’t get it the first time... Have another go.”



Developing Behaviours



ENCOURAGE CONFIDENCE

“What an interesting idea!”

“I would never have thought of that... Well done.”

